Banana Loaf Cake



This is a quick and easy baking recipe to use up any bananas that might be going a bit mushy. The cinnamon could be interchanged with nutmeg or ginger. You can also swap self-raising flour for plain flour + 1 tsp baking powder.

Ingredients

Makes 1 loaf tin

100g butter (+ some for greasing)
125g caster sugar
225g self-raising flour
2 bananas
2 eggs
1 tsp cinnamon (optional)
50g dried fruit (optional)



- 1. Grease the loaf tin with butter and preheat the oven to 180°c.
- 2. Weigh out the butter and sugar and cream them together until they are smooth with no lumps.
- 3. Weigh out the flour and add to the bowl, mix carefully until the mixture resembles breadcrumbs.
- 4. Add one egg, mix well.
- 5. Add the second egg, mix well.
- 6. Peel the bananas, break into a few pieces and put into the jug. Use the potato masher to mash the bananas until they are smooth (Or you could use a handheld blender to get them really smooth).
- 7. Add the bananas to the bowl, mix well.
- 8. If you are using sultanas and cinnamon, add these now and give the mixture one last mix.
- 9. Pour into loaf tin and bake for 25-30 minutes at 180° c (make sure they are golden brown).

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