

## Liverpool Health & Wellbeing Award



**School:**

[Insert text here]

**Health & Wellbeing Lead:**

[Insert text here]

**Date Review Submitted:**

[Insert text here]

**Overall Ofsted Rating:**

[Insert text here]

**Date of Last Ofsted Inspection:**

[Insert text here]

**Name of School Improvement Partner (SIP):**

[Insert text here]

**The Liverpool Health & Wellbeing Award review tool is for use by all schools. This simple on-line self-assessment tool enables you to record your school's current position for whole school health and wellbeing to achieve or maintain the Liverpool Health & Wellbeing Award (Bronze).**

**As you enter information it will help you identify your next steps for improvement. Once the Bronze award is achieved you can then choose to achieve the Silver and Gold awards. The Liverpool Health & Wellbeing review supports key areas of the OFSTED framework.**

**The review tool covers four main areas:**

**Emotional wellbeing and mental health**

**Healthy Eating**

**Physical Activity**

**PSHE**

Once this document is complete, please email it to Sonia Cross at [sonia.cross@si.liverpool.gov.uk](mailto:sonia.cross@si.liverpool.gov.uk).

**Staff responsible for health and wellbeing**

Do these key staff have clear leadership and management, appropriate status, support, relevant and up to date continuing professional development?

Yes  
☐

No  
☐

		Name of staff member(s) responsible	Work contact email address
1	Behaviour including bullying		
2	Design technology (cooking skills and nutrition)		
3	Healthy School award		
4	Health and wellbeing of all staff		
5	Pastoral care		
6	PE and school sport		
7	Physical activity		
8	PSHE		
9	School food provision (throughout the day)		

Policies			
Policy	Yes	If no, our next steps are...	Assessor use only
Anti-bullying (this can be part of behaviour policy)	<input type="checkbox"/>		
Behaviour /Anti- bullying (statutory)	<input type="checkbox"/>		
Drugs (including drug education, managing drug related incidents and a statement about the school's smoke free policy)	<input type="checkbox"/>		
Education Visits	<input type="checkbox"/>		
Loss, separation and bereavement	<input type="checkbox"/>		
PE, Schools sport and physical activity	<input type="checkbox"/>		
PSHE	<input type="checkbox"/>		
Relationships and sex education (statutory)	<input type="checkbox"/>		
Whole school emotional health and wellbeing (including all staff)	<input type="checkbox"/>		
Whole school food that includes a packed lunch policy	<input type="checkbox"/>		
Young Carers	<input type="checkbox"/>		

1. Emotional health and wellbeing

1.1		Yes	If no, our next steps are...	Assessor use only
	<p>Do you have well-embedded mechanisms in place to ensure all pupils are involved in decision-making within the school in the following 4 areas?</p> <ul style="list-style-type: none"> <li>• Emotional health and wellbeing</li> <li>• Healthy Eating</li> <li>• Physical Activity</li> <li>• PSHE</li> </ul> <p>Please describe an example.</p> <div></div>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
1.2		Yes	If no, our next steps are...	
	<p>Do you encourage participation, involvement and volunteering in the school and local community?</p> <p>Please provide an example of this.</p> <div></div>	<input type="checkbox"/>		

1.3	Do you have planned activities to support pupils' emotional health and wellbeing <i>(for example circle time, peer mentors, playground friends)</i>	Yes	If no, our next steps are...	Assessor use only
	<p>Please provide an example of this.</p> <div></div>	<input type="checkbox"/>		
1.4	How do you develop resilience in your pupils?	Comments		
	<p>Please provide an example of this.</p> <div></div>			
1.5	Do you have planned activities to support and promote positive behaviour and safety including online safety?	Yes	If no, our next steps are...	
	<p>Please provide an example of this.</p> <div></div>	<input type="checkbox"/>		

1.6		Yes	If no, our next steps are...	Assessor use only
	<p>Do you work with other professionals to identify pupils' health and wellbeing needs and provide effective support and refer where appropriate?</p> <p>Please provide an example of this.</p> <div style="border: 1px solid black; height: 80px; width: 100%;"></div>	<input type="checkbox"/>		
1.7		Yes	If no, our next steps are...	
	Do you have an effective system to address bullying?	<input type="checkbox"/>		
1.8		Yes	If no, our next steps are...	
	Do you work effectively with your school nurse to support the health and wellbeing of your pupils as appropriate?	<input type="checkbox"/>		
1.9		Comments		
	<p>How do you promote spiritual, moral, social and cultural (SMSC) development?</p> <p>Please provide an example.</p> <div style="border: 1px solid black; height: 120px; width: 100%;"></div>			

1.10		Yes	If no, our next steps are...	Assessor use only
	<p>Do you involve professionals from appropriate external agencies and/or the local community in supporting health and wellbeing (through direct work with pupils or through advising teachers)?</p> <p>Please list at least 3 agencies you have worked with:</p> <p>1.</p> <p>2.</p> <p>3.</p>	<input type="checkbox"/>		
1.11		Comments		
	<p>How do you monitor and evaluate their effectiveness? Please describe.</p> <div></div>			
1.12		Yes	If no, our next steps are...	
	<p>The health and wellbeing of staff is important. Does your school have activities and support mechanisms in place that demonstrate this?</p> <p>Please provide an example of this.</p> <div></div>	<input type="checkbox"/>		